

**KRANTIGURU SHYAMJI KRISHNA VERMA
KACHCHH UNIVERSITY
BHUI – KACHCHH**



**NEW SYLLABUS
(AS PER NEP 2020 & UGC GUIDLINE)
TO BE IMPLEMENTED FROM JUNE-2026
B.A (U.G.) PSYCHOLOGY DEGREE WITH
HONORS AND RESEARCH
SEMESTER- VII & VIII**



(Signature of Dr. Pallavi R. Chauhan)

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PROGRAM /COURSE STRUCTURE AND SYLLABUS
as per the Choice Based Credit System (CBCS) designed in
accordance with
Learning Outcomes-Based Curriculum Framework (LOCF)
of National Education Policy (NEP) 2020
for Undergraduate Program in PSYCHOLOGY

B.A. HONOURS AND RESEARCH IN PSYCHOLOGY
PROGRAMME
AS PER NEP 2020
(Effective from June-2026)

PREAMBLE

Any programme at a higher educational institution seeks to give its students a solid foundation for the growth of their character, which directly benefits a country's well-being. All the programmes offered by the Krantiguru shyamji Krishna varma Kachchh University are envisioned in accordance with its "motto," which is to encourage young people to be devoted and steadfast in their search for the truth. The Learning Outcomes based Curriculum Framework (LOCF) strives to cultivate young minds for positive and fruitful character development by fostering their creative and humanistic abilities for both their individual improvement and the benefit of society as a whole. The university offers a learning outcome-based programme to give students the chance to find a way of thinking that will help them reach their full potential.

By making the courses flexible and giving students more options, the LOCF approach aims to provide targeted, outcome-based syllabi at the undergraduate level with an objective to arrange the teaching-learning experiences in a more student-centric way. The LOCF approach has been used to improve the relationship between teachers and students as they participate in programmes of their choice and discover their inner calling. The emphasis of undergraduate programs on "preparing minds" will result in people with strong intellectual faculties, interpersonal skills, courage to lead the world, and compassion and empathy for fellow human beings. So, the LOCF aspires to improve students' life skills, not just their employable abilities, in order to help them lead fulfilling personal and social life.

Each programme vividly elaborates its nature and promises the outcomes that are to be accomplished by studying the courses. The programmes also state the attributes that they offer to inculcate at the graduation level. A feeling of social justice and harmony are intertwined with ideals pertaining to students' well-being, emotional stability, critical thinking, etc. at the graduation level.



PROGRAMME OUTCOMES (PO) B. A. PSYCHOLOGY:

- PO 1 Critical Thinking: Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.
- PO 2 Effective Communication: Speak, read, write and listen clearly in person and through electronic media in English and in one Indian language, and make meaning of the world by connecting people, ideas, books, media and technology.
- PO 3 Social Interaction: Elicit views of others, mediate disagreements and help reach conclusions in group settings.
- PO 4 Effective Citizenship: Demonstrate empathetic social concern and equity centered national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering.
- PO 5 Ethics: Recognize different value systems including your own, understand the moral dimensions of your decisions, and accept responsibility for them.
- PO 6 Environment and Sustainability: Understand the issues of environmental contexts and sustainable development.
- PO 7 Self-directed and Life-long Learning: Acquire the ability to engage in independent and life-long learning in the broadest context socio-technological changes.

PROGRAM SPECIFIC OUTCOMES (PSO) B.A. PSYCHOLOGY:

The Program Specific outcomes that a student should be able to demonstrate on completion of a degree level programme are as follows:

- PSO 1 Knowledge about the psychology discipline.
- PSO 2 Knowledge of basic concepts of Psychology: To impart knowledge and understanding of the basic concepts, systems, theories of psychology and psychopathology.
- PSO 3 Ability to connect theory with personal experiences and varied applied settings.
- PSO 4 Understand how psychology can be applied to solve problems facing humankind.
- PSO 5 Understanding varied socio-cultural contexts and being mindful of indigenous traditions.
- PSO 6 Basic professional skills pertaining to psychological testing, assessment and counselling.
- PSO 7 Ability to use skills in specific areas related to chosen specialization (e.g. cognitive, industrial-organizational, clinical, counselling, health, educational, social, community).
- PSO 8 Tolerating ambiguities and appreciating the limitations of the discipline, and critically analyzing conflicting theories and approaches.
- PSO 9 Creating awareness about various social, psychological and cultural issues.
- PSO10 Commitment to health and wellbeing at different levels (e.g.



individual, organization, community, society).

PSO 11 Developing skills of communication, negotiation, teamwork, effective presentation, etc. PSO 12 Appreciating and tolerating diversity.

PSO 13 Developing positive attributes such as empathy, compassion, optimism, social participation, and accountability.

PSO 14 Self-development and personal growth.

PSO 15 Practical application Skills: An ability to apply the theoretical principles of Psychology demonstrating an understanding of behavior, thoughts, and feelings of the individual and the individual in group settings

PSO 16 Assessment skills: Basic professional skills pertaining to psychological testing, assessment and counselling.

PSO 17 Multicultural competence: To recognize, understand, and respect the complexity of multiculturalism in the practice and application of counseling and psychotherapy.



SEMESTER-7 (VII) CREDIT STRUCTURE FOR B.A. (U.G.) PSYCHOLOGY DEGREE WITH HONORS AND RESEARCH

Sr. No.	Course Type	Course	Credit	Total Teaching Hours	Internal	External	Passing 36%	Total
1.	Discipline Specific Course Major	MJPS 701 Research Methodology	4	60	50	50	18/18	100
2.		MJPS 702 Experimental Psychology	4	60	50	50	18/18	100
3.		MJPS 703 Neuro Psychology-I	4	60	50	50	18/18	100
4.		MJPS 704 RESEARCH PROJECT	6	90	60	90	22/32	150
5.	Minor Course	MNPS 701 Health Psychology	4	60	50	50	18/18	100
Total Credit			22		260	290		550



SEMESTER-8 (VIII) CREDIT STRUCTURE FOR B.A. (U.G.) PSYCHOLOGY DEGREE WITH HONORS AND RESEARCH

Sr. No.	Course Type	Course	Credit	Total Teaching Hours	Internal	External	Passing 36%	Total
1.	Discipline Specific Course Major	MJPS 801 Advance Research Methodology	4	60	50	50	18/18	100
2.		MJPS 802 Psychological Testing	4	60	50	50	18/18	100
3.		MJPS 803 Neuro Psychology-II	4	60	50	50	18/18	100
4.		MJPS 804 RESEARCH PROJECT	6	90	60	90	22/32	150
5.	Minor Course	MNPS 801 Theories of Personality	4	60	50	50	18/18	100
Total Credit			22		260	290		550



B. A (Hon. With Research) Psychology Semester-VII

KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Bachelor of Arts			Branch/ Spec		B.A. (Hon. With Research) Psychology	
Semester			VII			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2023-24			
Subject Code		MJPS 701		Subject Name		RESEARCH METHODOLOGY			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. Understand the foundations of research methodology with special reference to Industrial and Organizational Psychology.
2. Develop skills in formulating research problems, objectives, and hypotheses relevant to industrial and organizational settings.
3. Gain knowledge of research designs (experimental, descriptive, correlational, and survey methods) used in industrial psychology research.
4. Understand qualitative and quantitative research methods, including data collection tools such as questionnaires, interviews, observation, and psychological tests.
5. Acquire competence in sampling techniques and measurement methods used in organizational research.
6. Develop basic skills in statistical analysis and interpretation of data relevant to industrial organizational studies.
7. Understand ethical issues in psychological and industrial research, including Confidentiality, consent, and responsible reporting.

Course Detail

Unit	Content/ Topic	Hours
UNIT-1	નિરીક્ષણ (Observation) 1. નિરીક્ષણ અર્થ (Meaning of Observation) 2. નિરીક્ષણ પદ્ધતિના પ્રકારો (Types of Observation Method) (1) અનિયંત્રિત નિરીક્ષણ (Uncontrolled Observation) 1. સહભાગી નિરીક્ષણ (Participant Observation) 2. અસહભાગી નિરીક્ષણ (Non-Participant Observation) 3. અર્ધ સહભાગી નિરીક્ષણ (Semi-Participant Observation) (2) નિયંત્રિત નિરીક્ષણ (Controlled Observation) (3) સમૂહ નિરીક્ષણ (Group Observation)	15



UNIT-2	અન્વેષણાત્મક સંશોધન અને વર્ણનાત્મક સંશોધન (Descriptive and Exploratory Research) (1) અન્વેષણાત્મક સંશોધન (Exploratory Research) 1. અન્વેષણાત્મક સંશોધન અર્થ અને સ્વરૂપ (Meaning and Nature of Exploratory Research) 2. અન્વેષણાત્મક સંશોધન ઉદ્દેશ્યો અથવા કાર્યો (Objectives or Functions of Exploratory Research) 3. અન્વેષણાત્મક સંશોધનની પદ્ધતિઓ (Methods of Exploratory Research) 4. અન્વેષણાત્મક સંશોધનની મર્યાદાઓ (Limitations of Exploratory Research) (2) વર્ણનાત્મક સંશોધન (Descriptive Research) 1. વર્ણનાત્મક સંશોધન ઉદ્દેશ્યો અથવા કાર્યો (Objectives or Functions of Descriptive Research) 2. વર્ણનાત્મક સંશોધનના સોપાનો (Steps of Descriptive Research) 3. વર્ણનાત્મક સંશોધનનું મહત્વ (Importance of Descriptive Research) 4. વર્ણનાત્મક સંશોધનની મર્યાદાઓ અને દૂર કરવાના ઉપાયો (Limitations of Descriptive Research and Remedial Measures)	15
UNIT-3	ટી પરીક્ષણ (t – Test) 1. નાનો નિદર્શ (Small Sample) 2. મોટો નિદર્શ (Large Sample) 3. પૂર્વ- પાશ્ચાત પદ્ધતિ (Before- After Technique)	15
UNIT-4	સર્વેક્ષણ સંશોધન (Survey Research) 1. સર્વેક્ષણ સંશોધનનો અર્થ (Meaning of Survey Research) 2. સર્વેક્ષણના પ્રકારો (Types of Survey) 3. સર્વેક્ષણના અન્ય પ્રકારો (Other Types of Survey) 4. સર્વેક્ષણના સોપાનો (Steps of Survey) 5. સર્વેક્ષણ સંશોધનની મર્યાદાઓ અને ગેરલાભ (Limitations and Disadvantages of Survey Research)	15

Reference:

1. Best, J. W., & Kahn, J. V. (2017). *Research in education* (10th ed.). Boston, MA: Pearson Education.
2. Creswell, J. W. (2014). *Research design: Qualitative, quantitative, and mixed methods approach* (4th ed.). Thousand Oaks, CA: Sage Publications.
3. Good, C. V., Barr, A. S., & Scates, D. E. (2015). *The methodology of educational research*. New York, NY: Appleton-Century-Crofts.
4. Kerlinger, F. N., & Lee, H. B. (2000). *Foundations of behavioral research* (4th ed.). Belmont, CA: Wadsworth/Thomson Learning.
5. Kothari, C. R. (2019). *Research methodology: Methods and techniques* (4th ed.). New Delhi, India: New Age International Publishers.
6. ત્રિવેદી, આર. એન. (2012). *માનસશાસ્ત્રમાં સંશોધન પદ્ધતિ*. રાજકોટ: પાર્થ પ્રકાશન.
7. દેસાઈ, એચ. જી. (2014). *શૈક્ષણિક અને માનસશાસ્ત્રીય સંશોધન*. અમદાવાદ: યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ.
8. પંડ્યા, એમ. બી. (2016). *સર્વેક્ષણ અને નિરીક્ષણ પદ્ધતિઓ*. અમદાવાદ: યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ.
9. પટેલ, આર. એસ. (2015). *સંશોધન પદ્ધતિઓ અને આંકડાશાસ્ત્ર*. અમદાવાદ: યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ.
10. શાહ, બી. કે. (2013). *શૈક્ષણિક સંશોધન પદ્ધતિ*. અમદાવાદ: યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ.



University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10



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FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Bachelor of Arts			Branch/ Spec		B.A. (Hon. With Research) Psychology	
Semester			VII			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2023-24			
Subject Code		MJPS 702		Subject Name		EXPERIMENT PSYCHOLOGY			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit			4		4	Theory			
Hours			60		60	Practical	50	50	100
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. To impart an understanding of the application of various psychological theories.
2. To impart an understanding of the various domains of Experiment in Psychology.
3. Develop the skill to perform an experiment in a totally scientific temper.
4. Acquire competence to note, quantify, codify, analyse and interpret data.
5. To acquaint Students with the basic concepts of Psychological Practical
6. To Provide Students a Perspective of Psychological Practical.

Details of Practical

Practical No.	Practical Name (Any Five)
1	Bilateral Transfer (द्विपार्थीय संक्रमण)
2	Habit Interference (देवगत अवरोध)
3	Size Constancy (કદસાતત્ય-)
4	Perceptual Defense (ભૂતલક્ષી નિરોધન)
5	Maze Learning (ભુલભુલામણી)
6	Zeigarnik Effect (ઝાઇગર્નિક અસર)
7	Colour Preference (રંગ પસંદગી)
8	Fluctuation of Attention (ધ્યાન વિચલન)
9	Aesthesiometer એસ્થિઓમીટર (સ્પર્શ સંવેદન માપક)
10	Problem Solving (સમસ્યા ઉકેલ)
11	Measurement of optical illusion in Muller Liar Figure (મ્યુલર લાયર આકૃતિમાં દ્રષ્ટિભ્રમનું માપન)



TEXTBOOKS & REFERENCES

1. Collins M. and Drever J. (1949): Experimental Psychology. Matheun & Co. Ltd., London.
2. D 'Amato M. R. (1976): Experimental Psychology:Methodology Psychophysics and Learning. New York - Tokyo, McGraw Hill Kogakusha .
3. Postman L. and Egan J. (194 9): Experimental Psychology. (Harper) & Row (Kalyani Pub. Ludhiana.)
4. Underwood B. J. (1 9 4 9): Experimental Psychology - An Introduction. New York: Appleton Country Crofts Indian Reprint. The Finances of India Press
5. Woodworth R. S. & Schosberg H. (1 9 3 8): Experimental Psychology. New York (Holt) Rinehant and Winston Inc. Third Indian Reprint Oxford IBH Publishing Co New Delhi, Bombay, Calcutta.
6. ભોપટકર, ટી.સી., (૧૯૯૯), પ્રાયોગિક મનોવિજ્ઞાન.
7. કનવાલા એસ.સી.,(2019). પ્રાયોગિક મનોવિજ્ઞાન સિધ્ધાંત અને પ્રયોગપોથી.

University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

JOURNAL	- 10
PERFORMANCE	- 15
REPORT WRITING	- 15
VIVA	- 10
TOTAL	= 50



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FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Bachelor of Arts			Branch/ Spec		B.A. (Hon. With Research) Psychology	
Semester			VII			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2023-24			
Subject Code		MJPS 703		Subject Name		NEURO PSYCHOLOGY-I			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. The Course will familiarize students with the basic psychological process and studies relating to the factors which influence them. It will also focus come important application areas of Psychology.
2. Learn to use Psychology and other information sources.
3. Define the foundational concepts of Neuropsychology, including its history, scope, and the structural organization of the human brain.
4. Describe the anatomy of the brain in detail, specifically focusing on the functions of the cerebral lobes, hemispheres, and the brain's circulatory system.
5. Explain the functional components of the nervous system, including the structure of cells, types of neurons, and the detailed process of synaptic transmission.
6. Analyze the physiological mechanisms of neural communication, covering the origin of neural impulses and the 'All-or-None' principle.
7. Evaluate various neuroscientific research methods and diagnostic techniques used to study the brain, such as CT scans, MRI, PET scans, and lesion methods.
8. Understand the symptomatology of the brain stem, specifically focusing on the functions and symptoms associated with the Medulla Oblongata and Pons.

Course Details

Unit	Content/ Topic	Hours
UNIT-1	માનવ મગજની રચના (Structure of Human Brain) 1. પ્રસ્તાવના (Introduction) 2. મજ્જા મનોવિજ્ઞાનનો ઇતિહાસ (History of Neuro Psychology) 3. મજ્જા મનોવિજ્ઞાનની વ્યાખ્યા (Definition of Neuro Psychology) 4. મગજની સ્થાલમાન વ્યવસ્થા (Structural Organization of Brain) 5. મસ્તિષ્કછાલ અને તેના ખંડનું સંગઠન (Cerebral Lobes and Their Organization) 6. મોટા મગજના ગોળાર્ધ અને તેની આંતરિક રચના (Hemispheres of the Cerebrum and Its Internal Structure) 7. મગજના લોહીનું પરિભ્રમણ કરનાર તંત્ર Circulatory System of the Brain 8. ખોપરીની અને કરોડરજ્જુની ચેતનાના માર્ગો અને રસાયણિક તંત્ર (Neural Pathways and Chemical Systems of the Skull and Spinal Cord)	15



UNIT-2	ચેતાતંત્રના ઘટકો અને તેના કાર્યો (Components of the Functional Nervous System) 1. પ્રસ્તાવના Introduction 2. ચેતાતંત્ર Nervous System 3. કોષની રચના અને કાર્ય Structure and Function of a Cell 4. ચેતાકોષની રચના અને કાર્ય Structure and Function of Neurons 5. ચેતાકોષના પ્રકાર) કાર્યગત વિવિધતા પ્રમાણે (Types of Neurons (Based on Functional Diversity) 6. ચેતાપ્રવાહનો ઉદ્ભવ અને વહેન Origin and Transmission of Neural Impulses 7. ચેતાપ્રવાહમાં સર્વ અથવા શૂન્યનો સિદ્ધાંત All-or-None Principle of Neural Impulse 8. ચેતોપાગમ Synapse 9. ચેતોપાગમી સંચારકી Synaptic Transmission 10. ચેતોપાગમમાં જોવા મળતા સ્થિતિમાનો Conditions Observed in the Synapse	15
UNIT-3	મગજના અભ્યાસ માટેની પદ્ધતિઓ (Methods of Brain Study) 1. પ્રસ્તાવના Introduction 2. ચેતાકીય સંશોધન પદ્ધતિઓ Neuroscientific Research Methods 3. રંગાંકન પદ્ધતિઓ Coloring Methods 4. ક્ષય પદ્ધતિ Lesion Method 5. વિદ્યુત પદ્ધતિ Stimulation Method 6. વિદ્યુત ઉદીપન પદ્ધતિ Electrical Stimulation Method 7. રેડિયોલજીકલ પદ્ધતિ Radioisotope Method 8. સી.ટી. સ્કેન પદ્ધતિ CT Scan Method 9. એમઆરઆઈ MRI 10. પેટ સ્કેન PET Scan	15
UNIT-4	અગ્ર કાપલી ખંડ અને શંખ ખંડીય લક્ષણસંધાન (Medulla Oblongata and Pons Symptomatology) 1. પ્રસ્તાવના Introduction 2. અગ્ર કાપલી ખંડના લક્ષણો Symptoms of Medulla Oblongata 3. શિક્ષણના મનોશારીરિક આધાર Physical Bases of learning 4. સ્મૃતિના મગજ શારીરિક આધાર Memory Brain Physical Bases 5. ધ્યાન અને સ્મરણની પ્રક્રિયામાં ક્ષતિ Damage in Attention and Memory Processes 6. આવેગીક વર્તનમાં ક્ષતિ Impairment in Environment 7. મનોકારક કાર્યોમાં ક્ષતિ Impairment in Cognitive Functional 8. શંખ ખંડીય લક્ષણસંધાન Pons Symptomatology 9. શંખખંડના લક્ષણો Symptoms of Pons 10. શ્રવણ પ્રત્યક્ષીકરણનું મજ્જા શરીરશાસ્ત્ર Neuro Physiology of Auditory Perception	15



Reference:

1. Boller, F., & Grafman, J. (Eds.). (1988). Handbook of neuropsychology. New York: Elsevier.
2. Heilman, K. M., & Valenstein, E. (1993). Clinical neuropsychology. New York: Oxford University Press.
3. Kolb, B., & Whishaw, I. Q. (1990). Fundamentals of human neuropsychology. New York: W. H. Freeman.
4. Walsh, K. (1994). Neuropsychology: A clinical approach. New Delhi: Churchill Livingstone.
5. Whitaker, H. A. (1988). Neuropsychological studies of focal brain damage. New York: Springer-Verlag.
6. પંડ્યા, કે.કે.(2012). આધુનિક મનોવિજ્ઞાન. અમદાવાદ :યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ.

University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Bachelor of Arts			Branch/ Spec		B.A. (Hon. With Research) Psychology	
Semester			VII			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2023-24			
Subject Code		MJPS 704		Subject Name		RESEACH PROJECT			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit			6		6	Theory			
Hours			90		90	Practical	60	90	150
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. The Research Project in Psychology is an integral component of the curriculum, designed to provide students with hands-on experience in psychological research. This project enables students to apply theoretical knowledge to practical research problems and develop a scientific understanding of human behavior and mental processes.
2. Students will identify a relevant topic within psychology, review existing literature, and formulate clear research questions or hypotheses. The project emphasizes the use of appropriate research methodologies, including qualitative, quantitative, or mixed-method approaches, along with ethical research practices.
3. Through this research project, students gain an understanding of research design, data collection techniques, statistical analysis, and interpretation of findings. The project also enhances critical thinking, problem-solving skills, and scientific writing abilities.
4. The research project encourages students to explore psychological concepts in real-life contexts, contribute to evidence-based knowledge, and develop professional competence for academic, clinical, or applied psychological settings.

	Content/ Topic	Hours
	RESEACH PROJECT	90



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Bachelor of Arts			Branch/ Spec		B.A. (Hon. With Research) Psychology	
Semester			VII			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2023-24			
Subject Code		MNPS 701		Subject Name		HEALTH PSYCHOLOGY			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. To acquaint students with the basic concepts, principles, and foundations of Health Psychology.
2. To provide students with a comprehensive perspective on the psychological, biological, and social determinants, of health and illness.
3. To impart an understanding of major health psychology models and theories related to health behaviour and illness prevention.
4. To equip learners with an understanding of the interaction between mind, body, and environment in health and disease.
5. To impart knowledge of health-related behaviours, lifestyle factors, stress, and psychosomatic disorders.
6. To develop the ability to apply health psychology concepts in promoting health, preventing illness, and improving quality of life through scientific and ethical approaches.

Details of Modules

Unit	Content/ Topic	Hours
Unit: 1	સ્વાસ્થ્ય મનોવિજ્ઞાનનો પરિચય Introduction to Health Psychology 1. પ્રસ્તાવના Introduction 2. સ્વાસ્થ્ય મનોવિજ્ઞાનનો અર્થ અને વ્યાખ્યા, સ્વાસ્થ્ય મનોવિજ્ઞાનનું સ્વરૂપ Meaning and Definition of Health Psychology & Nature of Health Psychology 3. શરીર-મન સંબંધનો સંક્ષિપ્ત ઇતિહાસ Brief History of the Mind-Body Relationship 4. સ્વાસ્થ્ય મનોવિજ્ઞાનનો ઉદભવ અને વિકાસ Emergence and Development of Health Psychology 5. સ્વાસ્થ્ય મનોવિજ્ઞાનનું કાર્યક્ષેત્ર Scope of Health Psychology	15



Unit: 2	સ્વાસ્થ્ય પ્રતિરૂપો Health Models 1. જૈવ તબીબી પ્રતિરૂપ Biomedical Model 2. જૈવ મનોસામાજિક- પ્રતિરૂપ Bio psychosocial Model 3. સ્વાસ્થ્ય માન્યતા પ્રતિરૂપ Health Belief Model – HBM 4. મનો સાંસ્કૃતિક પ્રતિરૂપ Psycho-cultural Mode	15
Unit: 3	જીવન શૈલી અને સ્વાસ્થ્ય Lifestyle and Health 1. સ્વાસ્થ્ય સંભાળ વર્તન Health Seeking Behaviour 2. કાર્ય- કારણ સિદ્ધાંત Theory of Reasoned Action 3. સુયોજિત આચરણ સિદ્ધાંત Theory of Planned Behaviors 4. સ્વ- નિયમન સિદ્ધાંત Self – regulation Theory 5. સ્વાસ્થ્ય વર્ધક વર્તનો Health-promoting behaviors 6. વજન નિયંત્રણ અને અતિસ્થૂળતા Obesity and weight control 7. કસરત Exercise 8. બચાવ અને અકસ્માત Rescue and accident	15
Unit-4	સ્વાસ્થ્ય હાનિકર્તા વર્તનો અને સ્વાસ્થ્ય સંબંધિત રોગો Unhealthy behaviors and health-related diseases 1. ધૂમ્રપાન Smoking 2. મધપાન Alcoholism 3. હૃદય સંબંધિત વિકૃતિઓ Heart related disorders 4. તાણ Stress 5. ડાયાબીટીસ Diabetes	15

BOOKS & REFERENCES

1. Brannon, L., & Feist, J. (2014). *Health psychology: An introduction to behavior and health* (8th ed.). Cengage Learning.
2. Morrison, V., & Bennett, P. (2016). *An introduction to health psychology* (4th ed.). Pearson Education.
3. દેસાઈ, એમ. એન. (2010). *આરોગ્ય અને મનોવિજ્ઞાન*. યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય.
4. પટેલ, એસ. એન. (2011). *મનોવિજ્ઞાનના આધુનિક પ્રવાહો*. યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય.
5. પાઠક, આર. એન. (2012). *સ્વાસ્થ્ય મનોવિજ્ઞાન*. યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય.
6. ભટ્ટ, કે. જી. (2009). *સામાજિક અને સ્વાસ્થ્ય મનોવિજ્ઞાન*. યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય.

University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10



**KRANTIGURU SHYAMJI KRISHNA VERMA
KACHCHH UNIVERSITY
BHUI – KACHCHH**



**NEW SYLLBUS
(AS PER NEP 2020 & UGC GUIDLINE)
TO BE INPLIMANTED FROM JUNE-2026
B.A (U.G.) PSYCHOLOGY DEGREE WITH
HONORS AND RESEARCH
SEMESTER- VIII**



SEMESTER-8 (VIII) CREDIT STRUCTURE FOR B.A. (U.G.) PSYCHOLOGY DEGREE WITH HONORS AND RESEARCH

Sr. No.	Course Type	Course	Credit	Total Teaching Hours	Internal	External	Passing 36%	Total
1.	Discipline Specific Course Major	MJPS 801 Advance Research Methodology	4	60	50	50	18/18	100
2.		MJPS 802 Psychological Testing	4	60	50	50	18/18	100
3.		MJPS 803 Neuro Psychology-II	4	60	50	50	18/18	100
4.		MJPS 804 RESEARCH PROJECT	6	90	60	90	22/32	150
5.	Minor Course	MNPS 801 Theories of Personality	4	60	50	50	18/18	100
Total Credit			22		260	290		550



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FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Bachelor of Arts			Branch/ Spec		B.A. (Hon. With Research) Psychology	
Semester			VIII			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2023-24			
Subject Code		MJPS 801		Subject Name		ADVANCE RESEARCH METHODOLOGY			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. Understand the foundations of research methodology with special reference to Industrial and Organizational Psychology.
2. Develop skills in formulating research problems, objectives, and hypotheses relevant to industrial and organizational settings.
3. Gain knowledge of research designs (experimental, descriptive, correlational, and survey methods) used in industrial psychology research.
4. Understand qualitative and quantitative research methods, including data collection tools such as questionnaires, interviews, observation, and psychological tests.
5. Acquire competence in sampling techniques and measurement methods used in organizational research.
6. Develop basic skills in statistical analysis and interpretation of data relevant to industrial organizational studies.
7. Understand ethical issues in psychological and industrial research, including Confidentiality, consent, and responsible reporting.
8. Enhance ability to review literature, write research reports, and present findings in a systematic and scientific manner.

Course Detail

Unit	Content/ Topic	Hours
UNIT-1	સંશોધન ડિઝાઇન Research Design 1. સંશોધન ડિઝાઇનની વ્યાખ્યા Research Design Definition 2. સંશોધન ડિઝાઇનના ઉદ્દેશ્ય Objectives of Research Design 3. વૈજ્ઞાનિક સંશોધન ડિઝાઇનના માપદંડો Criteria of Scientific Research Design 4. સંશોધન ડિઝાઇનના પ્રકારો Types of Research Design ૧. અપ્રાયોગિક સંશોધન ડિઝાઇન Non-Experimental Research Design ૨. અર્ધ પ્રાયોગિક સંશોધન ડિઝાઇન Quasi-Experimental Research Design 5. પ્રાયોગિક સંશોધન ડિઝાઇન Experimental Research Design	15



UNIT-2	કાર્લ પિયર્સનની ગુણાકાર પરીબળ રીતો Methods of Karl Pearson's Product Moment Correlation 1. કાચા પ્રાપ્તિકની રીત Direct Method (Raw Score Method) 2. સાચા મધ્યકની રીત True Mean Method 3. ધારેલા મધ્યકની રીત Assumed Mean Method	15
UNIT-3	અર્થઘટન અને અહેવાલ Interpretation and Report 1. અર્થઘટનનો અર્થ Meaning of Interpretation 2. અર્થઘટન શા માટે ? રીત અને તકેદારી Why Interpretation, Methods of Interpretation, and Precautions 3. અહેવાલનો અર્થ Meaning of Report 4. અહેવાલ મુખ્ય ઉદ્દેશ્યો Main Objectives of a Report 5. અહેવાલનું મહત્વ અને લાભ Importance and Advantages of a Report 6. અહેવાલની સરચના અથવા વિભાગો Structure or Sections of a Report	15
UNIT-4	ક્ષેત્ર અભ્યાસ અને ક્ષેત્ર પ્રયોગ Field Study Field Experiment 1. ક્ષેત્ર અભ્યાસની વ્યાખ્યા Definition of Field Study 2. ક્ષેત્ર અભ્યાસનું સ્વરૂપ Nature of Field Study 3. ક્ષેત્ર અભ્યાસના પ્રકરો Types of Field Study 4. ક્ષેત્ર અભ્યાસના સોપાનો Steps of Field Study 5. ક્ષેત્ર અભ્યાસના લાભ અને મર્યાદા Advantages and Limitations of Field Study 6. ક્ષેત્ર પ્રયોગની વ્યાખ્યા Definition of Field Experiment 7. ક્ષેત્ર પ્રયોગનું સ્વરૂપ Nature of Field Experiment 8. ક્ષેત્ર પ્રયોગના ઉદાહરણ Examples of Field Experiment 9. ક્ષેત્ર પ્રયોગના સોપાનો Steps of Field Experiment 10. ક્ષેત્ર પ્રયોગ લાભ અને મર્યાદા Advantages and Limitations of Field Experiment	15

Reference:

1. Anastasi, A., & Urbina, S. (1997). *Psychological testing* (7th ed.).
2. Best, J. W., & Kahn, J. V. (2012). *Research in education* (10th ed.). Boston, MA: Pearson Education.
3. Campbell, D. T., & Stanley, J. C. (1963). *Experimental and quasi-experimental designs for research*. Chicago, IL: Rand McNally.
4. Creswell, J. W., & Creswell, J. D. (2018). *Research design: Qualitative, quantitative, and mixed methods approaches* (5th ed.). Thousand Oaks, CA: Sage Publications.
5. Desai, B. R. (2015). *સંશોધન પદ્ધતિઓ અને આંકડાશાસ્ત્ર* (Research Methods and Statistics). Ahmedabad: University Granth Nirman Board.
6. Kerlinger, F. N., & Lee, H. B. (2000). *Foundations of behavioral research* (4th ed.). Belmont, CA: Wadsworth.
7. Kothari, C. R. (2014). *Research methodology: Methods and techniques* (2nd ed.). New Delhi, India: New Age International.
8. જોષી એમ કે. (2014). *સામાજિક સંશોધન પદ્ધતિ* (Social Research Methods). Ahmedabad: University Granth Nirman Board.
9. ત્રિવેદી એચ આર. (2016). *મનોવિજ્ઞાનમાં સંશોધન પદ્ધતિઓ* (Research Methods in Psychology). Ahmedabad: University Granth Nirman Board.



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Ahmedabad: University Granth Nirman Board.
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Rajkot: Saurashtra University

University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme		Bachelor of Arts				Branch/ Spec		B.A. (Hon. With Research) Psychology	
Semester		VIII				Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2023-24			
Subject Code		MJPS 802		Subject Name		PSYCHOLOGICAL TESTING			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit		-	4		4	Theory			
Hours			60		60	Practical	50	50	100
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. To impart an understanding of the application of various psychological theories.
2. To impart an understanding of the various domains of Experiment in Psychology.
3. Develop the skill to perform an experiment in a totally scientific temper.
4. Acquire competence to note, quantify, codify, analyse and interpret data.
5. To acquaint Students with the basic concepts of Psychological Practical
6. To Provide Students a Perspective of Psychological Practical.

Details of Practical

Practical No.	Testing Name (Any Five)
1	मोडस्ले व्यक्तित्व संशोधनिका Modisley Personality Inventory
2	आवेगिक परिपक्वता संशोधनिका Emotional Maturity Inventory
3	समायोजन सुधारणा संशोधनिका Revised Adjustment Inventory
4	मानसिक स्वास्थ्य संशोधनिका Mental Health Inventory
5	मनोवैज्ञानिक सुभाकारी संशोधनिका - Psychological Well-Being Inventory
6	सिंहानी चिंता कसोटी Sinha Anxiety Inventory
7	विद्यार्थी समस्या संशोधनिका Student Problem Inventory
8	आक्रमकता Aggressiveness
9	व्यक्तित्व मुख्य पांच गुण मापन संशोधनिका Big Five Personality Test
10	कार्य सामेलगीरी संशोधनिका Job Involvement Inventory



Reference Books:

1. Aiken, L. R., & Groth-Marnat, G. (2006). Psychological testing and assessment (12th ed.).
2. Anastasi, A., & Urbina, S. (1997). Psychological testing (7th ed.). Pearson Education.
3. Gregory, R. J. (2015). Psychological testing: History, principles, and applications (7th ed.). Pearson Education.
4. Kaplan, R. M., & Saccuzzo, D. P. (2018). Psychological testing: Principles, applications, and issues (9th ed.).
5. National Psychological Corporation (NPC), Agra
6. Psychological testing and assessment: An introduction to tests and measurement (10th ed.). McGraw-Hill Education.

University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

JOURNAL	– 10
PERFORMANCE	– 15
REPORT WRITING	– 15
VIVA	– 10
TOTAL	= 50



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Bachelor of Arts			Branch/ Spec		B.A. (Hon. With Research) Psychology	
Semester			VIII			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2023-24			
Subject Code		MJPS 803		Subject Name		NEURO PSYCHOLOGY-II			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. Explain the mechanisms of Interhemispheric Communication, focusing on the characteristic signs and functions of the Corpus Callosum.
2. Analyze the neurophysiological basis of sensory perception, specifically examining visual perception deficits and Anosmia (loss of smell).
3. Describe the Functional Organization of the Brain, distinguishing between structural and functional features of brain organization.
4. Evaluate the neurophysiology of Emotion and Motivation, including the development of emotional expression and motor activity.
5. Understand the physiological basis of Sleep and Wakefulness, encompassing the biological mechanisms regulating these states.
6. Apply Neuropsychological Assessment techniques, particularly for the individual assessment of patients suffering from brain injuries.
7. Demonstrate knowledge of Stress-Relief Activities, including Relaxation Techniques, Autogenic Training, Yoga, and Meditation.
8. Critique various Psychotherapeutic methods, ranging from Supportive and Pharmacological approaches to Sleep-Based and Energy-Based therapies.

Course Details

Unit	Content/ Topic	Hours
UNIT-1	કોર્પસ કેલોસમ અને આંતર-ગોળાર્ધિય સંદેશાવ્યવહાર Corpus Callosum and Interhemispheric Communication 1. પ્રસ્તાવના Introduction 2. કોર્પસ કેલોસમ અને આંતર-ગોળાર્ધિય સંદેશાવ્યવહારના લાક્ષણિક ચિહ્નો Characteristic Signs of Corpus Callosum and Interhemispheric Communication 3. મગજના સંગઠનની વિશેષતાઓ Features of Brain Organization 4. દ્રશ્ય પ્રત્યક્ષીકરણનો ચેતા-શારીરિક આધાર Neurophysiological Basis of Visual Perception 5. દ્રષ્ટિ પ્રત્યક્ષીકરણની ક્ષતિઓ Deficits in Visual Perception 6. એનોસ્મિયા ગંધશક્તિનો અભાવ અને તેની ખામીઓ Anosmia and its Deficits	15



UNIT-2	મગજનું કાર્યાત્મક સંગઠન Functional Organization of the Brain 1. પ્રસ્તાવના Introduction 2. મગજના સંગઠનની રચનાત્મક વિશેષતાઓ Structural Features of Brain Organization 3. મગજનાં ગોઠવણીની કાર્યાત્મક લક્ષણતા Functional Features of Brain Organization 4. મગજના સંગઠનની કાર્યાત્મક વિશેષતાઓ Neurophysiology of Emotion and Motivation 5. આવેગના અનુભવ, અભિવ્યક્તિ અને પ્રત્યક્ષીકરણના વિકાર Development of Emotion: Inheritance, Expression, and Perception 6. હલનચલનનો વિકાસ Development of Motor Activity	15
UNIT-3	મજાજી મનોવિજ્ઞાનિક મૂલ્યાંકન Neuro Psychological Assessment 1. પ્રસ્તાવના Introduction 2. નિદ્રા અને જાગૃતિનો શારીરિક/જૈવિક આધાર Physiological Basis of Sleep and Wakefulness 3. મગજનું ચેતા-મનોવૈજ્ઞાનિક મૂલ્યાંકન Neuropsychological Assessment of the Brain 4. વ્યક્તિગત મૂલ્યાંકન Individual Assessment 5. મગજની ઈજા ધરાવતા દર્દીઓનું મૂલ્યાંકન Assessment of Patients with Brain Injury	15
UNIT-4	તણાવ મુક્તિની પ્રવૃત્તિઓ Stress-Relief Activities 1. પ્રસ્તાવના Introduction 2. શિથિલીકરણની પદ્ધતિઓ Relaxation Techniques 3. ઓટોજેનિક ટ્રેનિંગ Autogenic Training 4. યોગ Yoga 5. મેડિટેશન Meditation 6. સહાયક મનોચિકિત્સા પદ્ધતિ Supportive Psychotherapy Methods 7. રસાયણિક મનોચિકિત્સા પદ્ધતિ Pharmacological Psychotherapy Methods 8. નિદ્રા આધારિત મનોચિકિત્સા પદ્ધતિ Sleep-Based Psychotherapy Methods 9. ઊર્જા આધારિત મનોચિકિત્સા પદ્ધતિ Energy-Based Psychotherapy Methods	15

Reference:

1. Boller, F., & Grafman, J. (Eds.). (1988). Handbook of neuropsychology. New York: Elsevier.
2. Heilman, K. M., & Valenstein, E. (1993). Clinical neuropsychology. New York: Oxford University Press.
3. Kolb, B., & Whishaw, I. Q. (1990). Fundamentals of human neuropsychology. New York: W. H. Freeman.
4. Walsh, K. (1994). Neuropsychology: A clinical approach. New Delhi: Churchill Livingstone.
5. Whitaker, H. A. (1988). Neuropsychological studies of focal brain damage. New York: Springer-Verlag.
6. પંડ્યા, કે.કે. (૨૦૧૨),. આધુનિક મનોવિજ્ઞાન. અમદાવાદ :યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ.



University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

University Assessment:

50 Marks

Time: 2.00 Hours

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Bachelor of Arts			Branch/ Spec		B.A. (Hon. With Research) Psychology	
Semester			VIII			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2023-24			
Subject Code		MJPS 804		Subject Name		RESEARCH PROJECT			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit			6		6	Theory			
Hours			90		90	Practical	60	90	150
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. The Research Project in Psychology is an integral component of the curriculum, designed to provide students with hands-on experience in psychological research. This project enables students to apply theoretical knowledge to practical research problems and develop a scientific understanding of human behavior and mental processes.
2. Students will identify a relevant topic within psychology, review existing literature, and formulate clear research questions or hypotheses. The project emphasizes the use of appropriate research methodologies, including qualitative, quantitative, or mixed-method approaches, along with ethical research practices.
3. Through this research project, students gain an understanding of research design, data collection techniques, statistical analysis, and interpretation of findings. The project also enhances critical thinking, problem-solving skills, and scientific writing abilities.
4. The research project encourages students to explore psychological concepts in real-life contexts, contribute to evidence-based knowledge, and develop professional competence for academic, clinical, or applied psychological settings.

	Content/ Topic	Hours
	RESEACH PROJECT	90



KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES - PSYCHOLOGY									
Programme			Bachelor of Arts			Branch/ Spec		B.A. (Hon. With Research) Psychology	
Semester			VIII			Version / Pattern		NEP	
Effective from Academic Year 2026-27						Effective for the Batch Admitted in 2023-24			
Subject Code		MNPS 801		Subject Name		THEORIES OF PERSONALITY			
Teaching Scheme						Examination Scheme (Marks)			
(Per week)	Lecture (DT)		Practical (Lab)		Total		CE	SE	Total
	L	TU	P	TW					
Credit	4	-			4	Theory	50	50	100
Hours	60				60	Practical	--	-	-
Pre – requisites:									
Computer lab									

Course Objectives:

This course should help Students:

1. To understand the meaning, nature, and definitions of personality.
2. To develop an understanding of the determinants of personality, including biological, hereditary, environmental, and cultural factors.
3. To familiarize students with the different types of personality.
4. To introduce students to the major theories of personality, including those proposed by Freud, Jung, Erich Fromm, Erik Erikson, Murray, Horney, Allport, and Rogers.
5. To develop a scientific and dynamic perspective toward the study of personality.
6. To acquaint students with the methods of personality assessment, including standardized personality tests such as MMPI, CPI, and 16PF.
7. To familiarize students with projective techniques of personality assessment, such as the Rorschach Test, Thematic Apperception Test (TAT), and Sentence Completion Test.

Details of Modules

Unit	Content/ Topic	Hours
Unit: 1	વ્યક્તિત્વ (Introduction to Personality) 1. વ્યક્તિત્વનો અર્થ અને વ્યાખ્યા Meaning and Definition of Personality 2. વ્યક્તિત્વના નિર્ધારકો Determinants of Personality 3. જૈવિક અને વારસાગત ઘટકો Biological and Hereditary Factors 4. પર્યાવરણીય ઘટકો Environmental Factors 5. સંસ્કૃતિક ઘટકો Cultural Factors 6. વ્યક્તિત્વના પ્રકારો Types of Personality	15



Unit: 2	વ્યક્તિત્વના સિદ્ધાંતો -૧ (Theories of Personality-1) 1. ફ્રોઇડનો વ્યક્તિત્વનો સિદ્ધાંત Freud's Theory of Personality 2. યુંગનો વ્યક્તિત્વનો સિદ્ધાંત Jung's Theory of Personality 3. એરિક ફ્રોમનો વ્યક્તિત્વનો સિદ્ધાંત Erich Fromm's Theory of Personality 4. એરિક એરિક્સનનો વ્યક્તિત્વનો સિદ્ધાંત Erik Erikson's Theory of Personality	15
Unit: 3	વ્યક્તિત્વના સિદ્ધાંતો - ૨ (Theories of Personality-2) 1. મરેનો વ્યક્તિત્વનો સિદ્ધાંત Murray's Theory of Personality 2. હોર્નનો વ્યક્તિત્વનો સિદ્ધાંત Horney's Theory of Personality 3. ઓલ્પોર્ટનો વ્યક્તિત્વનો સિદ્ધાંત Allport's Theory of Personality 4. રોજર્સનો વ્યક્તિત્વનો સિદ્ધાંત Rogers' Theory of Personality	15
Unit-4	વ્યક્તિત્વનું માપન Measurement of personality 1. વ્યક્તિત્વ કસોટીઓ Personality Tests 1. MMPI 2. CPI 3. 16 2. પ્રક્ષેપણની કસોટીઓ 1. રોશાંક કસોટી Rorschach Test 2. TAT કસોટી Thematic Apperception Test 3. વાંકચૂર્ણ કસોટી Sentence Completion Test	15

TEXT BOOKS & REFERENCES

1. Allport, G. W. (1961). Pattern and growth in personality. New York, NY: Holt, Rinehart & Winston.
2. Feist, J., Feist, G. J., & Roberts, T. A. (2018). Theories of personality (9th ed.). New York, NY: McGraw-Hill Education.
3. Freud, S. (1923). The ego and the id. London, UK: Hogarth Press.
4. Schultz, D. P., & Schultz, S. E. (2016). Theories of personality (11th ed.). Boston, MA: Cengage Learning.
5. જોશી, એસ. એન. (2016). વ્યક્તિત્વ અને સમાયોજન. અમદાવાદ :યુનિવર્સિટી ગ્રંથનિર્માણ બોર્ડ.
6. ત્રિવેદી, પી. આર. (૨૦૧૭). મનોવિજ્ઞાનના સિદ્ધાંતો. અમદાવાદ :યુનિવર્સિટી ગ્રંથનિર્માણ બોર્ડ.
7. દેસાઈ, બી. કે. (2015). વ્યક્તિત્વ મનોવિજ્ઞાન (Personality Psychology). અમદાવાદ :યુનિવર્સિટી ગ્રંથનિર્માણ બોર્ડ.
8. પંડ્યા, આર. આર. (2018). આધુનિક મનોવિજ્ઞાન. અમદાવાદ :યુનિવર્સિટી ગ્રંથનિર્માણ બોર્ડ.
9. શુક્લ, કે. બી. (2014). મનોવિજ્ઞાન સિદ્ધાંત અને પ્રયોગ. રાજકોટ :પારસ પ્રકાશન.

University Exam Paper Style

Evaluation

Internal Assessment:

50 Marks

Time: 2.00 Hours

University Assessment:

50 Marks

Credit: 04

	Section	Weightage	Marks
Q.1	Descriptive Questions (Any 1 out of 2)	Unit-1	10
Q.2	Descriptive Questions (Any 1 out of 2)	Unit-2	10
Q.3	Descriptive Questions (Any 1 out of 2)	Unit-3	10
Q.4	Write Short Note (Any 2 out of 4)	Unit-4	10
Q.5	Short Questions (Any 10 out of 12)	Unit-1 to 4	10

